

September 2019



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Songs Of Praise	2 Frodo The Beared Dragon 11am	3 Hairdresser	4 Word Search 11am	5 Church Service 11am	6 Knit and Knatter with Chris 11:30	7 Bingo with Debbie 2:30pm
8 Songs of Praise	9 Arts and crafts 2pm	10 Hairdresser Pat-The-Dog PM	11 Exercise With Mel 11:30am Shop with Geoff and Julie 2pm	12 Guinea Pigs 11am	13 Knit and Knatter with Chris 11:30	14 Sherry Afternoon Listening to Music
15 Songs Of Praise	16 Cake Decorating 2:30pm	17 Hairdresser /Making Tiddy Pasty 11am Pat-The Dog PM	18 Bingo with Geoff and Julie 2:30pm	19 Trip Out To Stratton Garden Centre. 2:15pm	20 Knit and Natter with Chris 11:30am	21 Quiz Afternoon. 2:30pm
22 Songs Of Praise	23 Movement to Music 11am	24 Hairdresser Pat-The-Dog pm	25 Quiz - Guess the local beaches 11am	26 Guinea Pigs 11am	27 Knit and Natter with Chris 11:30am	28 Ice cream afternoon - Choose your own topping.
29 Songs Of Praise	30 School Days Reminiscing PM	1	2	3	4	5
6	7	Notes All activities are in the Main Lounge unless otherwise stated. Please check out the notice board for other activities or ask a member of Staff. All activity suggestions are welcome, please speak to Debbie to arrange any you wish to take place. Thankyou.				