

July 2019



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	1 Movement to Music 11am	2 Hairdresser	3 Geoff & Julie Gardening PM	4 Church Service 11am	5 Sing-a-long With Debbie 2pm	6
7 Songs of praise In the lounge	8 Cake decorating 2pm	9 Hairdresser	10 Exercise with Mel 11:30am	11 Guinea Pigs 11am	12 Ukelele band 2:30pm	13 Bingo with Debbie 2pm
14 Songs of praise In the lounge	15 Movement to Music 11am	16 Hairdresser Pat Dog pm	17 Geoff & Julie Bingo	18 Trip out 10am-3pm. Mystery Tour with Packed lunch.	19 Pamper Morning 11:30am Acorns visiting 2pm	20
21 Songs of praise In the lounge	22 Arts and crafts - Painting flowers 2:30pm	23 Hairdresser Pat Dog pm.	24 Geoff & Julie Gardening PM Luncheon Club with Tina	25 Guinea Pigs 11am	26 Movement to Music 11am In the lounge	27 Summer word search. PM
28 Songs of praise In the lounge	29 Arts and crafts - 2:30pm	30 Hairdresser Pat the Dog PM	31	1	2	3
4	5	Notes Fridays - Knitting with Chris 11:30am				